



Health4life

CONCIERGE MEDICINE

COVID19 - Prophylactic Treatment

Dear Health4life Patients,

I have been inundated with questions regarding the COVID19 'possible' treatment, Hydroxychloroquine. I wanted to let you all know that I am staying up-to-date to the medical data as it becomes available. I will keep you all posted on the developments as I receive them.

At this time, there is NO specific treatment. Currently, there is also NO prophylactic treatment. The moment that this changes, we will let you know!

I have received many requests for Hydroxychloroquine or Plaquenil. Some have 'heard' this is the cure or will prevent them from 'getting' COVID10. Plaquenil has very serious and potentially dangerous side effects and interactions with other medications.

In addition, we are now in a shortage of these medications for the treatment of Lupus and Rheumatoid Arthritis for those patients who need these medications for their general well-being and survival. Pharmacological treatment is only administered for symptomatic management and only hospitalization is warranted for those who are in respiratory distress.

I was recently sent a YouTube video of a doctor who stated he had discovered the cure for COVID19. Through further examination, this study was completed on a very small patient population and there are still many uncertainties to its content. Also, these medications are being tested to treat 'positive' cases of COVID19. They are not being studying for prophylactic purposes. We will keep you posted on updates concerning these developments and we hope there are more positive developments being made towards the cure and prevention of COVID19!

Article discussing YouTube Video:

<https://www.medicinenet.com/script/main/art.asp?articlekey=229156>

As of 3:00pm on March 23, 2020, there have been 2 deaths in the state of Nevada out of 245 confirmed positive cases, which is a 0.81% mortality rate. A total of 577 nationwide deaths and 43,224 positive cases. Still remarkably low. This virus is easily spread and I urge you all NOT to leave your home. The more we leave our homes, the longer we will be in a quarantine.

I am getting updates from the CDC and other medical sources and as I interpret these updates, I will pass on all relative information. As your healthcare provider, my ethical and medical role is to provide your healthcare by abiding by all local, state and federal laws as well as adhering to my medical oath as a doctor. The information that I pass on to you, will be facts that will be allowed and supported by these governmental agencies and medical board entities to ensure patient health and safety is always the priority.

I can assure you that your fear and anxiety are appreciated and understood, but the very vast majority of patients who contract this virus will recover.

For now, please just stay home and avoid others.

Respectfully,
Dr. Thomas Alfreda

Health4life is a Concierge Medical Clinic. We offer Concierge Internal Medicine Services (common conditions to chronic diseases), Hormone Therapy for Men and Women, Pharmaceutical Grade Supplements, Medical Weight Loss Programs, Microneedling, Botox, Fillers, Skin Care Lines, IV Therapy, Professional Athlete Medical Services, Trigger Point Injections, Medical Marijuana Cards, Pain Management, Diagnostic Testing, Food & Environmental Allergy/Sensitivity Testing, Physician Supervised Personal Training and Concierge Telemedicine.

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